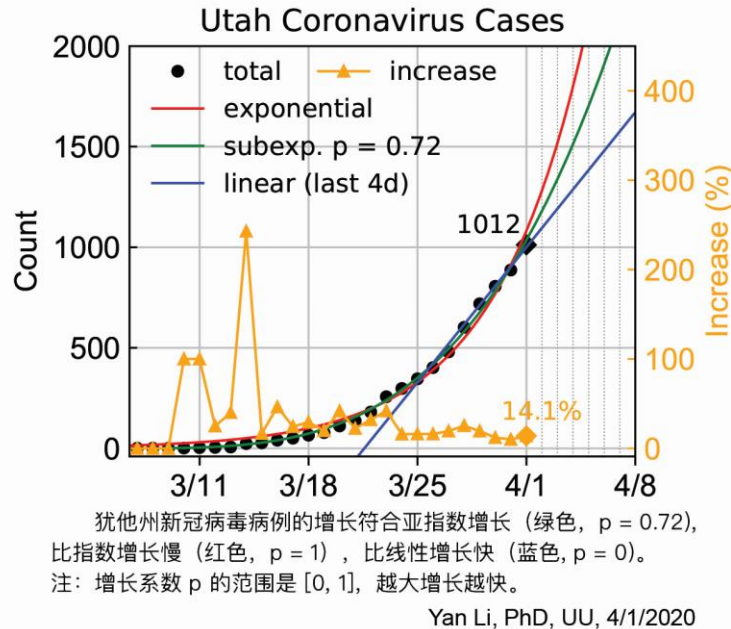


群力战新冠 爱心献犹他

【04/01 犹他新冠疫情简要日报 6:00pm 山地时间】

===疫情期安全措施：自我隔离、保持 6 英尺距离、平静面对、远程工作和病症咨询===



1. 美国 – 截止 6pm MDT · 全国确诊新冠病毒病例: 214,925 (自昨晚 6pm +26,337) · 死亡: 5,095(+1194) · 治愈: 8,538(+1,514) · (<https://coronavirus.1point3acres.com/>)
2. 犹他州健康厅 UDOH 中午公布的确诊新冠病毒病例 1,012(+125) · 总共测试 20,155 人 · 阳性率 5.02% ; 其中住院人数累计 91(+18) · 死亡病例累计 7(+2) · 犹他州新冠病毒病例的增长仍然为亚指数增长 ($p=0.72$) : <http://castut.org/covid-19/utah0401.jpg> 主要分布的郡(区) : Salt Lake 444(+48), Summit 195(+23), Davis 93(+9), Utah 90(+20), Wasatch 56(+6) ; 外州访客 22 · 年龄分布 : 0-14 2% ; 15-24 14% · 25-44 40% · 45-64 32% · 65+ 12% · 性别分布 : 男性 55% · 女性 45% ·
3. 州长 Herbert 宣布延长 3 月 17 日对餐饮业的公共卫生令的期限至 4 月 15 日 · 有关修改是 : 允许餐馆在严格执行人际 6 英尺距离情况下, 让顾客在店堂柜台取点好的外卖餐包 · 州长强调 : 州立公园 - 只允许公园所在郡的居民进入 · 州长还颁布了一个新行政令 : 允许民居租房者延期交房租至 5 月 15 日 · 在此期间房东不许驱出房客 · 这个延期令只使用于那些因 COVID-19 失去经济来源的人 ·

4. 如果您的企业真的受到冠状病毒的影响，建议您一定并且尽快去申请救助，因为是先申请先得的，用完为止。救助申请网站：<https://covid19relief.sba.gov/>。

5. 由于疫情期间紧急电话（911）接收数目激增，紧急响应队伍的工作压力巨大。UDOH 建议疫情期间，在拨打 911 的时候请确保符合紧急情况。如果出现胸痛、中风、严重外伤、呼吸困难及其他严重情况请拨打 911。如果是普通紧急情况，请慎重考虑是否需要救护车，有没有其他的通勤选择，是否可以在自己的保健医生那里得到妥善救治。如果是对 COVID-19 的咨询，请拨打犹他冠状病毒热线 800-456-7707。

6. 食品互助：请有条件的家庭在疫情期间购买食物时避开那些有 WIC 标志的食物，因为使用食品券的家庭只能购买固定品种的 WIC 食物，不能买价钱高的产品代替。当 WIC 产品卖完后商铺未能及时补充，这些家庭就面临着买不到食物的危机。让我们一起确保把 WIC 食物留给有需要的家庭。

7. Davis 郡卫生署宣布了居家防疫法令，4 月 1 日周三 11:59pm 生效至 5 月 1 日。

<https://www.sltrib.com/news/2020/04/01/davis-county-issues>

8. 如何避免把新冠病毒带回家里，外出后的清洁步骤和消毒要点：把工作服脱在门外或立即清洗，把鞋脱在门外，脱手套，洗手，脱外套，洗手，摘口罩，摘眼镜，洗鼻腔，漱口，外出时间长的要洗头淋浴。见 <http://castut.org/covid-19/Home%20Precautions.jpg>。

- 犹他州新冠病毒热线电话：800-456-7707
- 犹他大学 COVID-19 热线电话：801-587-0712
- Intermountain Healthcare 新冠病毒热线电话：844-442-5224
- Intermountain 提供 COVID-19 自我检查助手：<https://intermountainhealthcare.org/>
- CDC 网页 <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- Utah 新冠病毒工作组网页 <https://coronavirus.utah.gov/>
- Utah 新冠病毒工作组捐赠网页 <https://coronavirus.utah.gov/help/>。
- 在美中国公民疫情防范网页 <http://www.china-embassy.org/chn/lszj/zytz/t1753899.htm>
- 犹他州 20 个华人亚裔社团【致犹他州社区、各界朋友倡议书】<http://castut.org/covid-19/proposal.pdf>
- 犹他华人社区抗疫联盟筹款捐物链接<http://castut.org/covid-19/proposal-donation.pdf>
- 犹他华人在行动社交媒体报道：twitter.com/CASTUTAH fb.com/castutah/
- 犹他州劳动力服务部（内有失业救济申请等）：<https://jobs.utah.gov/covid19/index.html>

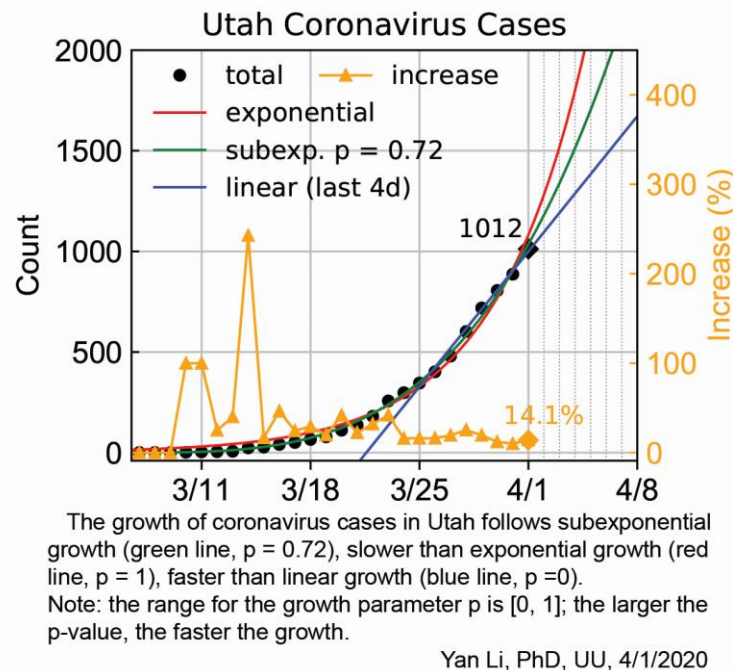
===疫情期安全措施：自我隔离、保持 6 英尺距离、平静面对、远程工作和病症咨询===

Devotion to Our Community

All Utahns Fight Against Coronavirus

【04/01 COVID-19 Briefing by Utah Chinese Communities 6:00pm Mountain Time】

=== Safety Measures for COVID-19: Shelter in Place, Keep 6' Distance, Stay Calm, Tele-commute and Tele-medicine. ===



1. U.S. Confirmed Cases: 214,925 (+26,337), Deaths: 5,095(+1194), Recovered: 8,538(+1,514).
(<https://coronavirus.1point3acres.com/>).

2. Utah COVID-19 Cases reported by UDOH as of today: 1,012(+125) confirmed cases total, number of people tested 20,155, positive rate 5.02%; Hospitalization 91(+18), death cases 7(+2). The growth of coronavirus cases in Utah remains sub-exponential ($p=0.72$): <http://www.castut.org/covid-19/utah0401en.jpg> Major counties of distribution: Salt Lake 444(+48), Summit 195(+23), Davis 93(+9), Utah 90(+20), Wasatch 56(+6); Visitors 22. Age distribution: 0-14 2%, 15-24 14%, 25-44 40%, 45-64 32%, 65+ 12%. Gender distribution: male 55%, female 45%.

3. Governor Herbert announced to extend the duration of the 3/17 State Public Health Order to April 15; a modification is that restaurants can let customers pick up their orders from inside the counter under the 6' social distancing requirement. He also emphasized that state parks only allow residents in its location county to visit. Governor also issued a new Executive Order to allow residential tenants to defer

their rental payments, and freezing evictions until May 15, 2020. This deferral applies specifically to people who experience financial losses tied to COVID-19.

4. If you are business owner in Utah and has been influenced by pandemic of COVID-19, please apply aid here: <https://covid19relief.sba.gov>. It is first-come first-serve aid.

5. The emergency response teams in Utah are working extremely hard to keep us all safe during this pandemic. Please review this guide before calling 911. Please keep in mind that we need to keep our ambulances available for life-threatening emergencies. If this is really an emergency, including chest pains, stroke symptoms, serious trauma, trouble breathing or other serious conditions, please call 911. If you only have minor emergency, before you call 911 please review if you really need an ambulance, if there another transportation method available, or you may get treatment from your primary health care provider. If you have questions about COVID-19, please call 800-456-7707.

6. Help in Food: Please avoid purchasing food products with a WIC tag if you can, because the families on WIC only can buy certain brands of food and can't replace it with higher-price brands. Those families could face a food crisis if the WIC products are sold out and a food market could not supply WIC food in a timely and adequate manner.

7. Davis County Health Department issues mandatory stay-at-home order, effecting Wed. at 11:59 p.m. Apr 1 through May 1. <https://www.sltrib.com/news/2020/04/01/davis-county-issues>

8. Disinfecting steps to avoid bringing the coronavirus back to home: Take off the work clothes outside the door or wash it immediately, take off the shoes, take off gloves, wash your hands, take off your jacket, wash your hands the second time, remove your mask, remove glasses, nasal-wash, mouth-wash, shampoo and shower after a long time being out. See <http://castut.org/covid-19/Home%20Precautions.pdf>.

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- Utah COVID-19 Information Line 800-456-7707
- University of Utah COVID-19 Hotline: 801-587-0712
- Intermountain Healthcare Hotline: 844-442-5224
- Intermountain COVID-19 Symptom Checker at <https://intermountainhealthcare.org/>
- CDC <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- Utah Coronavirus Task Force <https://coronavirus.utah.gov/>
- Utah Coronavirus Task Force Donation Link: <https://coronavirus.utah.gov/help/>
- Chinese Utahns' Action Proposal <http://castut.org/covid-19/announcement.pdf>
- Utah Chinese Community joint-donation link: <http://castut.org/covid-19/proposal-donation.pdf>
- Utah Chinese for Covid-19 on social media: <https://twitter.com/CASTUTAH>
<https://fb.com/castutah/>
- Utah Department of Workforce Services (including unemployment insurance): <https://jobs.utah.gov/covid19/index.html>

=== Safety Measures for COVID-19: Shelter in Place, Keep 6' Distance, Stay Calm, Tele-commute and Tele-medicine. ===